



# School Bag Weight Policy

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LEARNING BEYOND BORDERS



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# Admissions Policy and Procedures

School Vision, Mission and Core Values

## Our Vision

Fostering a sustainable and inclusive future


## Our Mission

Creating a new generation of innovative minds

## Core Values

- ^ Respect
- ^ Justice
- ^ Innovation
- ^ Transparency
- ^ Kindness
- ^ Responsibility

# Distribution List

-  Managing Director/ Board
-  School Principal
-  Senior Leadership Team (SLT) (Head of Primary/MOE)
-  Academic Staff
-  Parents

This policy has been written using information provided by the Ministry and is designed to inform all staff, parents, and students. The health of our students is of paramount importance thus every member of the school community should ensure that they have read this policy and that they understand it.

## Guidelines:

- Recommended bag weight does not exceed 20% of the student's body weight.
- No trolley bags.
- Use ergonomic school bags with individualized compartments for books and equipment.
- Students should wear both shoulder straps and not to sling a bag over one shoulder.
- Bags should have wide, padded, adjustable school bag straps that fits the student's body.
- Weigh the student's school bags to determine whether it is heavy or in compliance.
- Raise students' awareness about school bags.
- In Years 1 and 2, student's bags are stored in cubby holes so should be small.

**We recommend that students should only carry in their school bag the following:**

- Lunch box ( or carried separately ).
- Water bottle.
- Pencil case – ideally this should stay in school.
- Home readers and Library bag only on those days required.
- Device and accessories. If the device is too large or heavy the device should be carried in a separate bag.

## MOE subjects

- Do not send books home except when there is an assignment that needs the books, and that is a maximum of two times a week in the Arabic language.
- The story file along with the story notebook and spelling are sent home every two weeks.
- Islamic Education: Books are not sent until before exams.
- Social Studies: Books are not sent home.

We encourage the use of the digital versions of all MOE books which have been shared with parents and are available online.

Bags are monitored by the Class Teacher. If a bag is suspected to be too heavy the weight of the bag is checked by the School Nurse. If the bag is 20% more than the student's weight, parents are informed by the Class Teacher and advised to reduce the amount their student is carrying.

Year Group	Weight
<b>FS 2</b>	<b>2.2</b>
<b>Year 1</b>	<b>2.4</b>
<b>Year 2</b>	<b>2.6</b>
<b>Year 3</b>	<b>3.0</b>
<b>Year 4</b>	<b>3.4</b>
<b>Year 5</b>	<b>3.8</b>
<b>Year 6</b>	<b>4.1</b>

## Parent Declaration of School Bag Weight and Safety

I hereby declare that I have ensured that my child's school bag is not overweight and is appropriate for their age and physical capacity.

I confirm that I have taken all necessary steps to ensure my child's safety and well-being in relation to the items they carry to school, and I will continue to monitor this to ensure their comfort and health.

I acknowledge that by signing this declaration, I am confirming my acceptance of these policies and that I will comply with the guidelines and procedures established by the school.

Signed :

Parent's Full Name :

Date :

School Signed :

Date :